

COVID-19 Symptoms, Exposure, Positive Test?

What are the symptoms of COVID-19?

There is a wide range of symptoms associated with COVID-19, ranging from mild to severe. CDC list resource including symptom checker, click [here](#).

What is considered a close contact exposure?

- Being within 6 feet for 15 minutes or more in a 24-hour period during the infectious period (2 days prior to symptoms or positive test)
 - Household member
- Healthcare workers should follow CDC guidance on close contact and isolation

No symptoms and no exposure	Symptoms (not contagious) and not exposed	No symptoms but exposed	Symptoms but not exposed	Symptoms and exposed	Positive test and no symptoms	Positive test and symptoms
<ul style="list-style-type: none"> • No symptoms of COVID-19 • No known close contact exposure to someone with COVID-19 	<ul style="list-style-type: none"> • Symptoms caused by known non-contagious condition (i.e. allergies, known health condition) • No known close contact exposure to COVID-19 	<ul style="list-style-type: none"> • No symptoms of COVID-19 • Known close contact exposure to someone with COVID-19 	<ul style="list-style-type: none"> • Symptoms of COVID-19 • No known close contact exposure to someone with COVID-19 	<ul style="list-style-type: none"> • Symptoms of COVID-19 • Known close contact exposure to someone with COVID-19 	<ul style="list-style-type: none"> • No symptoms of COVID-19 • Tested positive for COVID-19 	<ul style="list-style-type: none"> • Symptoms of COVID-19 • Tested positive for COVID-19

No restrictions

Stay home or in your room and isolate

COVID Diagnostic tests

Molecular tests

- Detects the genetic material of the virus
- Other names: PCR, RT-PCR, TMA, NAAT
- More accurate and most processed in labs (*ID NOW, rapid molecular, not as sensitive*)
- **Best option if symptomatic**
- Can be used for surveillance, travel testing and post-exposure.
- **Avoid in the 90 days** after COVID infection

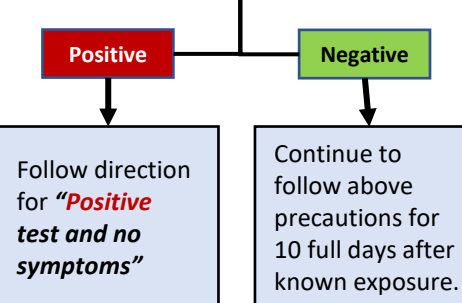
Antigen tests

- Detects proteins on the surface of the virus
- Most rapid tests and self-tests
- Quicker results but tend to be less accurate
- **Best option for testing in the 90 days after an infection** such as for testing out of isolation
- Can also be used for surveillance, travel testing, and post-exposure
- If used for symptomatic testing: Positive, no further testing needed but Negative, molecular test needed to confirm or 2nd negative test 48 hours later

- Watch for symptoms
- Wear a well fitted mask around others (preferably KF94/KN95/N95)
- Don't go places you are unable to wear a mask
- Take extra precautions if you will be around others more likely to get very sick from COVID-19

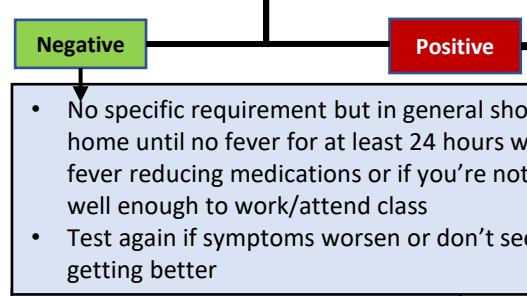
If you develop symptoms follow direction for **"Symptoms and exposed"**

Get tested at least 5 full days after you last had close contact with the person with COVID-19. *Day 1 is first full day after you were last with them.***



**If confirmed positive COVID-19 test within the past 90 days, testing only needed if symptoms develop

Test immediately – To rule out infection NAAT or 2 antigen tests 48 hours apart is preferred



If you were exposed, take additional precautions for 10 days

- Wear a well fitted mask around others (preferably KF94/KN95/N95)
- Don't go places you are unable to wear a mask
- Take extra precautions if you will be around others more likely to get very sick from COVID-19

If **"exposed"** and testing was done prior to day 6, repeat testing and if positive follow direction for **"Positive test and symptoms"**

Notify your faculty and/or supervisor

- Stay home for at least 5 full days and isolate/separate from others in your home/living space as much as possible.
- Follow CDC recommendations for [isolation](#) and monitoring your [symptoms](#)
- Do not go places where you are unable to wear a mask.

Ending Isolation - Once 5 full days passed have passed (*day 1 is the day after symptoms start or the day after your test if you never developed symptoms*) Do you meet the following criteria?

- Symptoms have improved AND no fever for at least 24 hours without fever reducing medications
- OR
- You never had symptoms

